



ST CROSS COLLEGE  
UNIVERSITY OF OXFORD

## Welfare Contacts

**Junior Deans:** Along with the entire welfare team, the Dean and Junior Deans offer advice, help, and guidance to students at every stage of their studies. The Junior Deans are fellow students. If you would like to get in touch with the Junior **Deans**, please contact **Seth Stadel** or **Lonie Sebagh** at [junior.dean@stx.ox.ac.uk](mailto:junior.dean@stx.ox.ac.uk) or call the current mobile number 07758 629747.

**Welfare Officer:** The Welfare Officer is always happy to chat about anything that may be troubling you and can provide you with general information about welfare. Please get in touch the female welfare rep (Marianne Van Der Vart) ([female.welfare.rep@stx.ox.ac.uk](mailto:female.welfare.rep@stx.ox.ac.uk)) or male welfare rep (Sammi Chekroud) ([male.welfare.rep@stx.ox.ac.uk](mailto:male.welfare.rep@stx.ox.ac.uk)). They will be at welfare events such tea & cakes and brunch, but are always available if you want to have a chat.

**LGBTQ Representative:** Brian Oosthuizen ([stx.lgbtq.rep@stx.ox.ac.uk](mailto:stx.lgbtq.rep@stx.ox.ac.uk)). The LGBTQ rep can also be contacted for any relevant support in dealing with instances of homophobia, biphobia, transphobia, etc. as well as for general issues and difficulties experienced by queer or similarly identified students in the College. He can also connect students with other helpful resources, such as representatives from the Oxford University LGBTQ Society, and support organisations around Oxford.

**Members of College Staff:** You can always talk to College staff if you need advice. **The Dean** offers advice, help, and guidance to students at every stage of their degrees. The Dean is **Prof Mark Robinson** ([mark.robinson@stx.ox.ac.uk](mailto:mark.robinson@stx.ox.ac.uk)). You are welcome to contact the **Bursar, John Tranter** ([bursar@stx.ox.ac.uk](mailto:bursar@stx.ox.ac.uk)) the **senior tutor, Dr Jo Ashbourn** ([senior.tutor@stx.ox.ac.uk](mailto:senior.tutor@stx.ox.ac.uk)) or the **Academic Administrator, Sharon Durno** ([academic.administrator@stx.ox.ac.uk](mailto:academic.administrator@stx.ox.ac.uk)) to discuss any matters that may troubling you.

**If you are unsure who to ask for advice**, please contact the Bursary Administrator Jocelyn Larsen in the first instance. Jocelyn will know who is best placed to advise you, and any conversation will be treated with confidentiality: [bursary.admin@stx.ox.ac.uk](mailto:bursary.admin@stx.ox.ac.uk) or (01865 2) 78477.

**College Doctors:** The college doctors are Dr Laurence Leaver and Dr Mark O'Shea at the Jericho Health Centre, which is located in New Radcliffe House on Walton Street, OX2 6NW. You can call 01865 311234 to arrange an appointment. Call 111 for emergencies out of hours.

**Counsellor:** Laura Evers is the dedicated College Counsellor. Laura is a member of the University Counselling Service team and will be on site with us from 14:00-17:00 on Mondays during term. She has shared details of how to make an appointment with the Counselling Service here: <https://www.ox.ac.uk/students/welfare/counselling/appointment?wssl> and can be contacted directly to make an appointment in College by emailing [counsellor@stx.ox.ac.uk](mailto:counsellor@stx.ox.ac.uk)

## University Support Services

**Oxford University Students' Union Student Advice Service:** OUSU provides free and confidential support for all University of Oxford students. The service has three advisors that you can contact with any concerns you may have, including support for student parents, mental health problems, harassment, or academic concerns. More information can be found at <https://www.oxfordsu.org/wellbeing/student-advice/>

**University Counselling Service:** The University of Oxford offers free and confidential support for students experiencing difficulties. You can arrange an appointment by emailing them at [counselling@admin.ox.ac.uk](mailto:counselling@admin.ox.ac.uk), and more information is available at <http://www.ox.ac.uk/students/welfare/counselling>.

**Nightline:** Nightline is a confidential listening and information service that runs between 8pm and 8am. Contact via phone on 01865 270 270 or skype oxfordnightline.

**Advisory system:** Each student upon arriving at STX is assigned a Senior College Advisor (a Fellow at St Cross) and a Junior Advisor (a student in similar field of study). Advisors can be approached for advice on any subject.

**Yoga at St Cross every week, look out for emails:** STX yoga is open to anyone interested from those who have done yoga before to complete beginners. Mats are provided, wear comfy clothes. £3 per session or discounted term card for £20.

**Sunday brunch every Sunday from 12:00-13:00 in the STX bar:** A glorious spread of food and the good company of your STX peers and welfare reps. What more could you want than brunch for only £1 (£2 for non STX guests).

**Tea and cakes in the common room:** Come and join us for free tea and cakes in the Saugman Common Room. Keep an eye on your emails for dates and times

**Free condoms, lube, pregnancy tests, personal alarms, and dental dams:** Free welfare and sexual health supplies can be found in the Welfare Locker in the post room (ask the porter if you can't find it). Condoms can also be found in the Caroline Miles Room (box on windowsill) and the Bathrooms (near sinks) next to the Bar - these run out more quickly than the locker in the post room so if these are empty, always try the post room in the meantime.

**STX morning after pill reimbursement:** The SRC provides reimbursement for the morning after pill in circumstances when getting an emergency appointment for a prescription is not possible (e.g., weekends, busy weekdays). We will not be distributing the pill - whoever needs reimbursement will still have to talk to a licensed pharmacist (e.g., Lloyds, Boots). Please keep the receipt and once provided to [female.welfare.rep@stx.ox.ac.uk](mailto:female.welfare.rep@stx.ox.ac.uk), they can reimburse you in cash. This process is completely confidential.